Mainstay COMPASS
Navigating a Brighter Future in Housing and Home Care

You Make a Difference!

Dear Emily,

It's not just the name of our upcoming event — by engaging with Mainstay, you make a meaningful difference. Whether you are a client or Resident; family member; donor; sponsor; or member of our staff, our Board, or a partner organization — you are helping us bring our mission to life. When Mainstay's clients and Residents thrive, they help their communities thrive, too.

To that end, we hope you will join us at our Sept. 16th "You Make a Difference" event! Today is the last day to secure tickets.

With gratitude,

Emily Mason

Emily Mason | Director of Development

Mainstay Resident Kristina participated in the festivities

A Successful Norwood Day!

Did you spot us at this year's Norwood Day? We had a great time disseminating informational material, giving away Mainstay merch, and providing details about our comprehensive services to the many folks who visited our booth.

It was a pleasure to see some familiar faces as Residents and parents stopped by to chat and help out. We were delighted with the high level of engagement the booth received!

Juli McDonald of WBZ-TV, our event speaker

Last Day to Get Your Tickets!

Wednesday, September 16th | 6-8 pm

Goodwin | 100 Northern Ave | Boston MA

Mainstay's 2026 "You Make a Difference" cocktail event will support our "Supporting Success" fund, which allows us to provide program cost relief for our young adult Residents with disabilities experiencing financial hardship!

This year's speaker is WBZ-TV's Juli McDonald. Emceeing the night is WROR'S Lauren Beckham Falcone, also affectionately known as LBF. We will be honoring Robert MacDonald and Frank DiTucci of MacDonald & Vaccaro Insurance Agency, a Division of Starkweather & Shepley, Inc.

Purchase your tickets now; today is the last day to register! Unable to join but still want to support? Consider making a donation.

See you there!

Ana, a Mainstay Resident

Resident Spotlight: Ana

Mainstay Senior Living Resident Ana worked in schools for 25 years teaching children how to read. She most enjoyed working with multi-lingual students.

As a social person, Ana loves to get out of the house. She especially enjoys visiting her local Senior Center, where she takes dance, exercise, and cooking classes. She also helps out in the kitchen. “I’ve been cooking… all my life!” Among the many dishes she makes is a lasagna that is famous among her friends and family.

Ana says she loves living at Mainstay — which is why she has chosen to stay here for 15 years! “I love it!” she tells us. “I feel safe here [and] I am always smiling! Sometimes people ask me why… and I tell them, ‘that’s my face! I’m not going to change it!’”

Camilla, a Mainstay Resident

Resident Spotlight: Camilla

Camilla, who is also a Senior Living Resident at Mainstay, says her favorite thing to do is go into town, sit outside with a coffee, and take in the scenery.

“I like my freedom that I have here,” she tells us. “And I’m certain that I like having a roof over my head.” After many years working hard including as a cashier, some days Camilla has “no plans except for taking it easy!” While she loves watching her TV programs, she also roller skates and swims to maintain her health.

Being active and “useful,” she says, are among the activities she finds most rewarding. “I’ve [also] made friends here and like to socialize with people who live in the building.” Ana (featured above) is one of the many Residents with whom Camilla has grown close!

Residents at last year's "Wilson Wonderland" event with Miss Massachusetts Khailah Griffin

Save the Date

Thursday, Dec 3rd | 5:30 pm

Norwood MA

Join us at the Wilson Street cul-de-sac in Norwood MA for our annual "Wilson Wonderland" event. As always, this community-building winter event will feature karaoke, hot cocoa, and — of course — fantastic company!

Harry Margolis in an "Ask Our Experts" segment

Follow Us for Expert Advice and Healthy Recipes

Follow us on social media to keep up with our regular "Ask Our Experts" segments including a recent video on Pooled Disability Trusts with Harry Margolis, an Elder Law and Trust and Estates Attorney. We also post delicious recipes curated for our Residents by Mainstay's Registered Dietitian, Emily LaBombard!

See you soon — whether online, at our “You Make a Difference” event, or at Wilson Wonderland!

Follow Us!

Contact Us!

Donate to Mainstay

Our mission is to deliver services and supports that people need to thrive in their residences and communities, including person-centered home care and supportive housing.

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